



# Regional Skills

## DUBLIN

Partnerships for Skills

# The 'EXPLORE' Programme Supporting employees in industry

An Innovative Upskilling Initiative

The EXPLORE Programme aims to provide new opportunities for the existing workforce.

## CDETb

An Bord Oideachais agus Oiliúna Chathair Bhaile Átha Cliath  
City of Dublin Education and Training Board

## ddletb

Bord Oideachais agus Oiliúna Dublin and Dún Laoghaire  
Átha Cliath agus Dhún Laoghaire Education and Training Board



## Benefits:

The benefits to participants will include:

- One to one coaching and mentoring as well as a personal development plan
- Have engaged in two projects that aim to enhance their skills at work including digital skills
- Occupational health & wellbeing advice
- Provision of learning materials
- Site Visit to Centre of Excellence
- Access to the range of relevant training available from their local ETB
- Receive a certificate of completion.

## Programme Outline

- Part time programme involving blended learning with mix of on site and off site engagement.
- External mentor ETB will work with participants and engage with the company.
- Exploring individual skillset and developing a personal development plan.
- Tuition on digital skills
- Company Project & Personal Project
- Module on occupational wellbeing
- External site visit relevant to employment

## Cost

The programme is 100% funded by the Department of Education & Skills.

Employers will be required to allow employees time to participate on the programme during working hours. Recommended 2 - 4 employees per company

## Objective

On successful completion, the project will:

- Demonstrate an improvement in digital skills for participants
- Demonstrate that EXPLORE has effectively engaged with participants
- Provide an insight to participants on technological advancements that will change the world of work
- Deliver a project that will have a measurable benefit
- Have a positive impact on participants occupational wellbeing



## For Further information please contact

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